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January 3, 2022

Dear Families & Staff,

I hope you were all able to have a happy and safe holiday break. I wanted to give an update on our school program. On December 27, 2021, the CDC issued a press release shortening the recommended time for isolation and quarantine for the general public. The CDC is currently updating guidance documents for specific settings, including schools, to consider how updated isolation and quarantine timeframes should be applied in these settings. The New Jersey Department of Health will review and/or update New Jersey guidance for schools once the CDC guidance is released.

Until the CDC updates school specific guidance, it is recommended that schools continue to follow the current isolation and quarantine timeframes (see attached chart). As with most of this guidance, it is expected to change quickly, and we will continue to communicate with you.

#### **Current COVID Quarantine Timeframes**

<b>Scenario</b>	<b>Time Out of School</b>
COVID-19 positive (viral test), symptomatic or asymptomatic	Excluded for 10 days. Must be symptom free upon return
Close Contact, Unvaccinated	Excluded for 14 days. Testing recommended
Close Contact, Vaccinated	DO NOT have to quarantine if they have NO symptoms. Testing recommended
Exhibiting COVID Symptoms (not tested)	Excluded for 10 days unless negative test. Must be symptom free upon return
Awaiting COVID test results (regardless of reason for testing)	May not attend school until you receive a negative test result

New Jersey is reporting record-high COVID-19 cases and test positivity rates. Please note that the rise in cases is due to overall community spread and not as a result of outbreaks in schools. *We remain committed to continuing full-time in person instruction.*

We will continue to monitor the information daily, stay proactive, and are prepared to switch to virtual instruction if necessary. We ask you to be patient while we navigate changing daily scenarios. We are in constant consultation with the local and county Health Departments in our continued effort to keep all staff and students safe.

We would make the decision to switch to remote instruction **if**: 1. there is a COVID outbreak in the school setting or 2. Staff Shortages make us unable to safely keep our schools open for instruction.

### Continued Safety Measures

We will continue to adhere to the health and safety measures we have implemented including increased cleaning/disinfecting protocols, mask wearing, daily health screens, physical distancing and cohorting, and contact tracing. Since we are in a period of high transmission we will also be suspending all external class trips and activities until further notice including our hippotherapy program.

### Screening Agreement

We are again asking that each day you review the COVID-19 Symptom & Exposure Screen. I have attached a copy to this letter. If you or your child are feeling unwell, please stay home.

Communication is key during this time. Please contact the school anytime with COVID or health related questions or concerns. Our school nurse, Cecily Kamps, can be reached at 973-751-0200 x242 or ckamps@cerebralpalsycenter.org

Thank you as always for your continued cooperation. Wishing you all a happy, healthy, and safe New Year.



Keith Rygiel  
Principal

## COVID-19 DAILY SCREENING CHECKLIST

### (For Home Use)

**Parents/Guardians:** Keep at home to use for your daily screening prior to sending your child to school.

#### **Section 1: Symptoms**

Any of the symptoms below could indicate a COVID-19 infection in children and may put your child at risk for spreading illness to others. Please note that this list does not include all possible symptoms and children with COVID-19 may experience any, all, or none of these symptoms. Please check your child daily for these symptoms:

<b>Column A</b>	<b>Column B</b>
<ul style="list-style-type: none"><li><input type="radio"/> Fever (measured or subjective)</li><li><input type="radio"/> Chills</li><li><input type="radio"/> Rigors (shivers)</li><li><input type="radio"/> Myalgia (muscle aches)</li><li><input type="radio"/> Headache</li><li><input type="radio"/> Sore Throat</li><li><input type="radio"/> Nausea or Vomiting</li><li><input type="radio"/> Diarrhea</li><li><input type="radio"/> Fatigue</li><li><input type="radio"/> Congestion or runny nose</li></ul>	<ul style="list-style-type: none"><li><input type="radio"/> Cough</li><li><input type="radio"/> Shortness of Breath</li><li><input type="radio"/> Difficulty Breathing</li><li><input type="radio"/> New loss of smell</li><li><input type="radio"/> New loss of taste</li></ul>

Students who are sick (e.g. fever, vomiting, diarrhea) should **not** attend school in-person. If **TWO OR MORE of the symptoms in Column A are positive, OR AT LEAST ONE symptom in Column B is positive**, please keep your child home and notify the school nurse for further instructions.

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#### **Section 2: Close Contact/Potential Exposure**

Please verify if in the last 14 days:

<ul style="list-style-type: none"><li><input type="radio"/> Your child has had close contact (within 6 feet of an infected person for 15 or more minutes during a 24-hour period) with a person with COVID-19</li><li><input type="radio"/> Someone in your household is diagnosed with or being tested for COVID-19</li><li><input type="radio"/> Your child has traveled from any U.S. state or territory outside of New York, Connecticut, Pennsylvania, and Delaware and is not otherwise exempt from quarantine under the Department of Health travel restrictions (Visit <a href="https://covid19.nj.gov/">https://covid19.nj.gov/</a> for complete list of areas)</li></ul>
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If **ANY of the fields in Section 2 are checked off**, contact the school for exclusion recommendations. Contact your child's healthcare provider or your local health department for further guidance.